



PERSONAL DETAILS

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CNIC NO. 44103-6895747-7
Date of Birth: 13-11-1990
Religion: Hindu.
Nationality: Pakistani
Marital status: Married
Pakistan Nursing Council license No: A-75120

PERSONAL PROFILE

I have done Post RN BSN from Dow university of Health Science Karachi since 2018 to 2020. and I am Diploma holder from Sir C.J Institute of Psychiatry school of Nursing Hyderabad Pakistan Nursing council, Specialty in Intensive care Unit (ICU) Nursing DUA Nursing School Hyderabad Pakistan Nursing council. And I Practice in The Indus Hospital as staff Nurse,, since 28/03/2016 to 08/12/2016.

Work in Shaheed Mohtarma Benzir Bhutto Institute of Trauma Centre Karachi (SMBBITC) as Staff Nurse at Intensive care Unit and Accident & Emergency Department. Since 10/12/2016 to 25/03/2020.

I am disciplined, s hard worker, positive person, a motive person and responsible person who likes what she does. I have a very optimistic nature, which I use when dealing with the other people. I always try to perform all my duties on the highest standard. I love caring people and see them recovering.

Overall more than 07 years Experience, Accident & Emergency Department in Shaheed Mohtarma Benzir Bhutto Institue of Trauma Centre (SMBBITC)

PROFESSIONAL QUALIFICATIONS

2012 – 02/09/ 2014 Sir CJ Institute of Psychiatry School of Nursing Hyderabad

Nursing Degree 3 Years

2014—04/09/2015

Dua Institute of Nursing, Qasimabad Hyderabad

Post Basic Intensive Care Unit Nursing 1 Year

2018—04/12/2020

Dow University of Health science Karachi

Post RN BscN 2 YEAR

ACADEMIC QUALIFICATIONS

Matriculation science 2004 to 2006 BISE MIRPURKHAS.

Intermediate science 2006 to 2009 BISE MIRPURKHAS.

EMPLOYMENT

28-MAR-2016 to 08-DEC- 2016 Staff Nurse The Indus Hospital
Korangi, Karachi.

On this Hospital ward and Special ward where Cardiac, Medical, Surgical and Accidental Patients. Where we work collaboratively medical team Doctors, Nurses and other staffs for Patients better Health. Provide medication as Prescribed by Physician also give hygienic care. **Assessment** up to day and date and made **Nursing diagnose, Planning it, Implementation** and finally **Evaluate** ongoing bases. **Formative and Summative.**

Duties & Responsibilities at ward and special ward.

- Provide medications and injections as prescribed by the doctor.
- Maintain and Replace needed intravenous line.
- Drug administration (per route, iv, i/m, p/o, p/r, subcutaneous).
- Administered intravenous fluids.
- Arranging all necessary Equipment; during Assessment of Patient.
- Key role in Basic life support.

- Evaluation and monitoring of patients GCS, wound management, pain care, body temperature, blood pressure.

- Direct patient care including Assessment, administration of drugs (various routes), cannulation, ECG's, Assistance burn patient care and dressing with doctors.
- Palliative care of dying patients.
- Drug administration / patient education / cannulation and drugs administration
- Providing support at the hospital Call center' for patients queries.
- Peer / student education/Novice staff education etc.

10-DEC- 2016 TO 25-MAR-2020.

**Staff Nurse – Accident & Emergency Dept.
Shaheed Mohtarma Benzir Bhutto Institute of
Trauma Centre Karachi (SMBBITC)**

Shaheed Mohtarma Benazir Bhutto (SMBB).The SMBB Institute of Trauma is a level I trauma centre and the first of its kind in South Asia. The different level refers to resource available, the degree of preparedness and the number of patients admitted yearly.

The Shaheed Mohtarma Benazir Bhutto Institute of Trauma is a level I category emergency healthcare facility. It is capable of providing total care for every aspect of injury, from prevention through rehabilitation. Its salient elements include: 24 hours in house coverage and prompt availability of care from relevant specialties; 500 beds for different Specialty Emergency Care & Management; Emergency receiving room – ER with 97 dedicated specialized beds; Fully equipped ICU and HDU; Eighteen fully equipped Operating Rooms dedicated for Emergency and Elective Surgery; Purpose built sophisticated Isolation Rooms for infectious diseases; Completely equipped dedicated examination clinics for Eye, ENT & Oral Maxillo-Facial Department; Medical Imaging Department with all range of modalities; In addition to Neurosurgery, Orthopedics and Cardiothoracic Surgery are also available; Incorporates comprehensive quality assessment program: Operates an organized teaching and research plan to direct innovations in trauma care; Provides leadership in prevention and public awareness about trauma; Provides continuing education and training of the trauma team members'.

Duties and Responsibilities:

- Work as Team Leader in various situations.
- Worked at remote area in clinic, assess the client's general health condition.
- Maintain the client's record and medication record.
- Maintained the first aid boxes at different areas of the field give basic life support training and educate about the health safety environment (HSE) protocols.
- Maintain the emergency ambulance.
- Provision of immediate care in CVA management.
- Provision of immediate care in Stroke heart.
- Administration of drugs (various routes), cannulation (including radial artery for performing blood gases), ECG's, dressings, Urinary catheter Insertion and care etc.
- Role in management of patients entering 'Shock (multiple trauma patients)

- control vital signs of the patient's (such as blood pressure, pulse rate, temperature)
- Evaluation and monitoring of patients during hospital admission. GCS/ Drains/ Wound management/ Pain care/ Body temperature.
- Maintain patient's confidentiality.
- Management settings ventilators.
- Provide high level communication skills that include: interpersonal, verbal, written, computer, and ability to work cohesively as an active member of the multidisciplinary team.

**26-MAR- 2020 TO PRESENT. Staff Nurse – New DHQ Quarantine/Isolation Centre /
Emergency Department Mirpurkhas**

Duties and Responsibilities:

- Work as Team Leader in various situations.
- Continue to be on the front line fighting COVID-19 daily and providing essential health services.
- Reduce health care risk of infection during the COVID-19 pandemic.
- Also engage in planning for anticipated COVID-19–related outbreaks.
- Maintain effective supply and usage of sanitation materials and personal protective equipment and offer screening information, confinement guidelines, and triage protocols based on the latest guidance.
- Sample collecting
- Worked at remote area in clinic, assess the client's general health condition.
- Maintain the client's record and medication record.
- Maintained the first aid boxes at different areas of the field give basic life support training and educate about the health safety environment (HSE) protocols.
- Maintain the emergency ambulance.
- Administration of drugs (various routes), cannulation (including radial artery for performing blood gases), ECG's, dressings, Urinary catheter Insertion and care etc.
- Role in management of patients entering 'Shock (multiple trauma patients)
- control vital signs of the patient's (such as blood pressure, pulse rate, temperature)
- Evaluation and monitoring of patients during hospital admission. GCS/ Drains/ Wound management/ Pain care/ Body temperature.
- Maintain patient's confidentiality.
- Management settings ventilators.
- Provide high level communication skills that include: interpersonal, verbal, written, computer, and ability to work cohesively as an active member of the multidisciplinary team.

ADDITIONAL COURSES

- Advanced Cardiovascular Life support (ACLS)
 - Basic Life Support (BLS)
 - Intra Venous Cannulation Course (IVCC).
 - Participation in ECG workshop.
 - Participation in Child Health care symposium.
 - Basic infection control certification complete April 2018.
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- ECG interpretation
 - COVID-19 Critical care Management 25/26 FEB from AKUH
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INTERESTS AND HOBBIES

- Reading Articles up-to-date regarding health care.
- Reading newspapers.
- Playing various games for fitness.
- Walking in daily bases.

LANGUAGE

Mother tongue: Rajsthani .

.English

.Urdu

.Sindhi

Computer skills: Microsoft Office programs.

Reference will be given by consultants of SMBBITC if needed.