# MUHAMMAD AMMAR NAQVI

### PROFESSIONAL SUMMARY

Organized and dependable Healthcare Professional, successful at managing multiple priorities with a positive attitude. Consultant Orthopedic Surgeon performing variety of surgical procedures with comprehensive history of dedication to patient comfort and wellness. Assistant Professor with years of experience successfully contributing to Orthopedics curriculum development and delivery. Leadership abilities to lead and manage clinical operations and practice staff in providing patients with quality care. Highly organized, which allows me to keep appointments, records and patient. details in order.

### **WORK HISTORY**

Assistant Professor- Orthopedics Surgery, 07/2021 to Current Sahara Medical College - Narowal, Punjab, PK.

- Teach subjects such as Introduction to Orthopedic Surgery, Classification of Fracture & Pelvic fracture, Metabolic bone diseases, and Tumors of Bones to undergraduate medical students.
- Evaluate and supervise medical student activities and performance levels to provide reports on academic progress.
- Take the lead in promoting and facilitating Orthopedic practicum program.
- Support efforts to improve students' communication, critical thinking, ethical awareness, and application of surgical skills.
- Maintain the current and modern standards of professional health education.

### Consultant & Orthopedic

<u>Surgeon</u>, 07/2018 to Current Sughra Shafi Medical Complex -Narowal, Punjab, PK.

- Run orthopedic clinics for out-door patients.
- Perform elective surgeries for the admitted patients and emergency surgical procedures for the trauma patients.
- Ward Rounds for perioperative management of the patients.
- Focus on the diagnosis, treatment, rehabilitation, and prevention of diseases of the bones, joints, ligament, muscles, tendons and nerves.
- Anticipate risk factors for surgery based on the patient's condition and medical history.
- Treat fractures and dislocations torn ligaments, sprains and strains, tendon injuries, pulled muscles and bursitis.
- Support postoperative patients with prescriptions for medications and care.
- Management/Treatment of ruptured disks, sciatica, lower back pain and scoliosis, abnormalities of the fingers and toes and growth abnormalities, surgical management of degenerative joint disease, knock knees, bowlegs, bunions and hammer toes, arthritis and osteoporosis, bone tumors, muscular dystrophy and cerebral palsy etc.

### CONTACT

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### **SKILLS**

- Spearhead research into specific orthopedic conditions and develop new surgical techniques.
- Closed reduction & Percutaneous
- Fixations of pediatric fractures.
- Minimally Invasive Percutaneous
- Osteosynthesis (proximal and
- distal tibia)
- Analytical and Critical Thinking
- Excellent Communication written. and verbal.
- Multi-Lingual (Urdu, English,
- Punjabi, and Saraiki).
- Teamwork, Collaboration, and
- Training Development.

## Registrar orthopedic surgery 02/2017 to 7/2018

Sughra Shafi Medical Complex (Teaching hospital) - Narowal, Punjab, PK.

- Clinical orientation and teaching.
- Took history and examined of patients with doctors under-training.
- Taught activities including clinical reasoning, medical interviewing, communication, physical examination, medicine, and medical procedures.
- Evaluated of patients in orthopedic surgery clinics, emergency rooms, intensive care units and operating rooms.

### <u>Medical Officer-Orthopedic Department</u>, 09/2014to 01/2017

Govt. Mian Munshi Hospital - Lahore, Pakistan.

- Performed different types of orthopedic surgeries as required.
- Improved patient outcomes and delivery of care through improved clinical quality processes.
- Completed patient referrals to other medical specialists.
- Lead diverse team of medical and administrative professionals in day-to-day clinic activities such as patient care, new business development and patient relations.
- Discussed medical histories with patients in effort to provide most effective medical advice. Also, aligned room and treatment procedures with overall regulations to deliver high quality of patient care.

# Post Graduate Residency Training For Fellowship in Orthopedic & Spine Surgery (mandated by the college of physicians and surgeons of Pakistan-CPSP):

Services Institute of Medical Sciences-02/2011 to 08/2014- Lahore, Pakistan

- Trained and operated in the following areas: Trauma, sports medicine, community orthopedic surgery, pediatric orthopedic surgery, spine surgery, oncologic orthopedic surgery.
- Adult reconstruction/arthroplasty in upper limb, foot, and ankle.
- Physical rehabilitation training.

### Mayo Hospital Lahore Pakistan- 02/2009 to 02/2011

- General Surgery
- Thoracic Surgery
- Neurosurgery
- Orthopedics Surgery
- Plastic Surgery

### Post Graduate Residency Training Exam-10-2008 to 01-2009

### <u>Medical Officer-Orthopedics</u>, 09/2007 to 09/2008 Doctors Hospital & Medical Center - Lahore, Pakistan

- Worked in multiple areas of orthopedic surgery.
- Discussed medical histories with patients in effort to provide most effective medical advice.
- Reviewed and evaluated test results to suggest care and treatment options.
- Created customized care plans, working with hospital staff and families to assess and meet individual needs.

House Job (First Residency) 09/2006 - 09/2007 Mayo hospital Lahore, Pakistan (King Edward Medical College)

- Cardiology Ward-3 Months
- General Internal Medicine-3 months
- General Surgery-6 Months

### **EDUCATION**

FCPS (Fellowship), Orthopedic Surgery, 05/2018 College of Physicians And Surgeons (CPSP) - Pakistan

MBBS, Medicine and Surgery, 02/2006 Nishtar Medical College - Multan, Pakistan

### **PUBLICATIONS**

- 1. Accuracy of clinical examination and MRI for Meniscal injuries of knee joint taking Arthroscopy as gold standard (Med. Forum Vol. 31 No 09 Sept 2020)
- 2. Improvement in pain with PRP for management of De Quervain's tenosynovitis (Med.Forum Vol. 32 No 01)
- 3. Morphological Cortical Index (MCI), Canal-Calcar Ratio (CCR), Canal Flare Index (CFI) and Canal Bone Ratio (CBR) of Proximal Femur in Punjab. (PJMHS Vol. 16 No 01 January 2022)
- 4. Comparison of Hematoma block versus intravenous sedation in reduction of Distal Radius Extra Articular fractures in adults. (PJMHS Vol. 16 No 3 March 2022)
- 5. Effectiveness of Diacerein in Primary Knee Osteoarthritis. (P J M H S Vol. 16, No. 12, December 2022)

# **WORKSHOPS**

- 1. Primary surgical skills (CPSP)
- 2. Communication skills (CPSP)
- 3. Introduction to the computer and internet (CPSP)
- 4. Research methodology medical writing (CPSP)
- 5. Educational Planning & Evaluation Supervisory Skills
- 6. Research Methodology, Biostatistics & Medical Writing
- 7. Supervisory Skills

# **COURSES**

- 1. KEMC university trauma course- the Golden Hour Management.
- 2. Sports injuries in Foot and Ankle Agha Khan Medical College Karac