




MUHAMMAD INAM UL HAQ

Clinical Nutritionist/Marketing Officer

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PROFILE

I have experience in designing multiple therapeutic diets. I have gained this skill by working (through internships & training workshops) in different hospital setups. I also have practiced in my private clinic for a whole year, and currently, I am working with a renowned nutraceutical industry (Nutrifactor Pvt. Ltd.) as a Nutritionist. I am looking forward to improving my skills and serving the patients by working at this hospital.

WORK EXPERIENCE

- Nutrifactor Laboratories Pvt. Ltd. | Marketing Officer (as Nutritionist)
(Jan 2021 - Present)

As a marketing officer, my job is to create informative and promotional marketing material to raise awareness regarding the use of dietary supplements

- Private Clinic (Fitness Bites) | Clinical Dietitian
(Nov 2020 - Dec 2021)

I assessed and provided healthy dietary guidelines to people suffering from different health concerns.

EDUCATION

- BS (Hons.) Human Nutrition & Dietetics | 2016-2020

I studied this 4-year degree program at Government College University Faisalabad and obtained a CGPA of 3.7 out of 4.

- F.Sc. (Pre-Medical) | 2014-2016

I completed my intermediate education at the Government Postgraduate College of Science Samanabad and received 76% of the total marks (840/1100).

SKILLS & EXPERTISE

- Diet Planning & Consultancy ★ ★ ★ ★ ★
- Marketing Strategies ★ ★ ★ ★ ★
- Urdu & English Fluency ★ ★ ★ ★ ★
- Management & Communication Skills ★ ★ ★ ★ ★
- MS Office ★ ★ ★ ★ ☆
- Content Writing ★ ★ ★ ★ ★

INTERNSHIPS & TRAININGS

- Allied Hospital Faisalabad | Nutritionist Trainee (Feb 2020 – Aug 2020)

I learned a lot by visiting different hospital wards and getting a lot to learn about the MNTs of different health problems.

- Eilya Care Home | Consultant Dietitian (Apr 2019 – Dec 2021)

I served as a dietitian to provide necessary dietary guidelines for improving the overall wellness of special needs children.

- Students Nutritionists Club Pakistan | Consultant Dietitian (Sep 2018 – Dec 2020)

I worked as a volunteer during this span to furnish and improve my communication and counseling skills as a professional clinical dietitian by participating in multiple community camps,

- Wapda Hospital Faisalabad | Nutritionist Internee (June 2018 – Aug 2020)

This 2-month internship helped me in strengthening my basics of medical nutrition therapy and advance in this field with maximum confidence.

NEWS BLOGS & MAGAZINE PUBLICATIONS

- Why nutritionist is a need of time?
La Vida Magazine
- There is a difference in writing a diet plan and making a diet plan!
SKRN News
- Food security and Food safety in Pakistan
SKRN News
- Why shall we pay for a single sheet of paper?
La Vida Magazine, SKRN News
- An effective remedy to use in COVID-19
Tumblr

EXTRA-CURRICULAR ACTIVITIES

- Participated in multiple online seminars as a guest speaker to raise awareness regarding multiple health topics
- Conducted a huge live seminar at the district level in 2019 covering multiple aspects of the health
- Participated in the International Food Conference for Climate Change held at Government College University Faisalabad in 2017
- Participated as an organizer in the International Food Conference of Halal Assembly and Pak China Agricultural Forum held at Government College University Faisalabad in 2018
- Within the period of the last 2 years, I have participated in many Nutrition assessment camps, MNT programs, workshops, and training sessions
- Participated in a product development competition organized at Karachi Rooftop in Eden Villas colony
- Volunteered as a nutrition counselor in a camp held in Syeda Fatima Zahra hospital on April 6, 2019
- Also working as a diet consultant at Eilya Care Home, a school for special children, since 2019
- Completed a 2-week short course related to the Mediterranean diet and its uses at Abdullah Trust Hospital
- Participated voluntarily in a community camp conducted at Al-Noor Hospital on July 26, 2019
- Participated in the Leaders Youth Summit held by Volunteer force Pakistan at the Faisalabad conference hall on January 26, 2019
- Participated in a cricket tournament during the sports festival at the college level in 2016