

FARHAN SAFDAR

PHYSIOTHERAPIST



Contact

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Education

Bachelor in Physiotherapy (B.S.PT)

School of Physiotherapy, JPMC,
Karachi, Pakistan
University of Karachi, Pakistan
2005

Languages

ENGLISH – C2
ARABIC – C1
URDU – C2

Summary

Self-motivated, hard- working Physical therapist with outstanding skills, easily adaptability and ability to work effectively with people of all levels. Collaborative minded professional with strong written and oral communication skills which have grown after working as a Physical Therapist. Confident, energetic and ambitious with positive attitude.

Skill Highlights

- Foundations and Principles of Physiotherapy Practice
- Physical Activity and Exercise
- Therapeutic Practice and Modern Science
- Patient Management
- Functional Anatomy and Movement
- Integrated Clinical Management

Experience

- **UNIVERSAL INSTITUTE OF HEALTH SCIENCES,**
BAHAWALPUR, PAKISTAN – FEB 2020 TO TILL JULY 2023
- **IRADAH(NGO),** CHAKWAL, PAKISTAN – SEP 2016 TO
JAN 2020
- **ANNASBAN GROUP,** RIYADH, KSA – AUG2012 TO SEP 2016
- **ICRPM, ISLMABAD,** PAKISTAN – MAY 2010 TO JULY 2012
- **BAQAI UNIVERSITY HOSPITAL,** KARACHI, PAKISTAN –
OCT 2007 TO OCT2009
- **IMAM ZAINUL ABEDIN HOSPITAL,** KARACHI, PAKISTAN –
SEP 2005 TO SEP 2007
- **SINDH HOSPITAL & HEART CENTER,** KARACHI, PAKISTAN –
SEP 2004 TO SEP 2005

Certifications

- BASIC LIFE SUPPORT(BLS)
- ADVANCED CARDIOPULMONRY LIFE SUPPORT(ACLS)
- PEDIATRIC ADVANCED LIFE SUPPORT(PALS)
- CERTIFICATE IN MASSAGE THERAPY(ONCOLOGY)
- CERTIFICATE IN FUNCTIONAL VESTIBULAR IMPAIRMENTS
- CERTIFICATE IN SPORTS & REMEDIAL MASSAGE THERAPY
- CERTIFICATE IN POST OP REHAB OF SHOULDER JOINT
- CERTIFICATE IN CERVICO-BRACHIAL PIAN MANAGEMENT
- CERTIFICATE IN CERVICOGENIC HEADACHE MANAGEMENT
- CERTIFICATE IN GERIATRIC PHYSIOTHERAPY
- CERTIFICATE IN OPOID & PAIN MANAGEMENT
- CERTITIFCATE IN DRY NEEDLING.